

**NEW CENTURY FIELDHOUSE  
50 PLUS ACTIVITIES AND PROGRAMS**

**August 2022**



**COMMUNITY WALKING—Free**  
**Monday—Friday, 10 am — 1 pm, soccer field only**



**PICKLEBALL—\$4 per person, pay at door**  
**Tuesday, Wednesday, Thursday, 9 am—1 pm**  
**(Only three courts on August 23)**  
**Paddles and pickleballs provided!**



**ARTHRITIS FOUNDATION EXERCISE PROGRAM**  
**\$3 per person, pay at the door, 45 minute session**  
**Wednesday & Friday, 10:15 am**



**DROP-IN CARDS AND GAMES—1 pm**  
**\$1 per person, pay at door**  
**TUESDAYS: MAH JONGG**  
**WEDNESDAYS: PITCH (no meeting August 17)**  
**THURSDAYS: HAND AND FOOT**  
**FRIDAYS: MEXICAN TRAIN DOMINOES**

