



JOHNSON COUNTY  
PARK & RECREATION  
DISTRICT

WOMEN'S LONG COURSE TRIATHLON RESULTS  
SHAWNEE MISSION TRIATHLON  
SHAWNEE MISSION PARK, JULY 10, 2011  
1000 METER SWIM - 18 MILE BIKE - 4.5 MILE RUN

Place No.	Name	Age	Sex	City	St	Rank	Swim	Rank	Trn.1	Rank	Bike	Rate	Rank	Bike	Cu	Rank	Trn.2	Rank	Run	Pace	Rank	Finish	
1	145 Julie Barr	41	F	Papillion	NE	1	14:44	1	1:23	3	53:31	20.2	1	1:09:36	16	0:58	6	35:55	7:59	1	1:46:28		
2	146 Leslie Curley	42	F	Topeka	KS	9	19:51	3	1:24	1	50:35	21.4	2	1:11:49	13	0:57	5	35:44	7:57	2	1:48:28		
3	161 Rochelle Schleicher	52	F	Merriam	KS	11	20:28	5	1:35	2	52:54	20.4	3	1:14:55	15	0:57	3	34:01	7:34	3	1:49:53		
4	389 Melissa Knapp	37	F	Pleasant Hill	MO	2	15:31	6	1:37	8	57:52	18.7	4	1:14:59	21	1:03	14	38:56	8:40	4	1:54:58		
5	363 Anne Altorfer	30	F	Kansas City	MO	27	22:31	24	2:15	4	56:19	19.2	9	1:21:04	34	1:19	2	33:05	7:22	5	1:55:27		
6	358 Tricia Sawtelle	27	F	Troy	KS	5	17:28	11	1:49	13	58:29	18.5	5	1:17:45	25	1:08	12	38:35	8:35	6	1:57:27		
7	342 Hannah Lubis	19	F	Overland Park	KS																	7	1:59:12
8	345 Natalie Como	22	F	Leawood	KS	25	22:12	12	1:49	14	58:34	18.4	10	1:22:35	26	1:09	8	36:31	8:07	8	2:00:13		
9	381 Emily Minderman	36	F	Lawrence	KS	24	22:08	22	2:12	21	59:43	18.1	14	1:24:03	7	0:50	4	35:42	7:56	9	2:00:34		
10	362 Mary Jenkins	29	F	Edwardsville	KS	29	22:46	18	2:02	9	57:57	18.6	11	1:22:44	18	1:01	11	37:23	8:19	10	2:01:07		
11	393 Donna Evans	38	F	Lawrence	KS	3	15:56	39	2:36	25	1:00:44	17.8	7	1:19:15	39	1:25	17	40:41	9:03	11	2:01:20		
12	354 Jamie Morton	26	F	Clearwater	KS	16	21:34	4	1:30	5	56:24	19.1	8	1:19:27	10	0:52	26	42:11	9:23	12	2:02:29		
13	168 Vicki Griffin	43	F			37	23:51	45	2:48	15	58:35	18.4	19	1:25:13	43	1:26	9	36:58	8:13	13	2:03:36		
14	388 Kristen Comment	37	F	Kansas City	MO	36	23:35	25	2:16	40	1:05:18	16.5	38	1:31:09	11	0:52	1	32:44	7:17	14	2:04:44		
15	376 Jill Rosbrugh	35	F	Parkville	MO	47	24:41	15	1:53	11	58:14	18.5	17	1:24:47	45	1:27	13	38:54	8:39	15	2:05:08		
16	153 Leslie Emanuels	47	F	Lake Quivira	KS	22	21:55	10	1:49	18	59:24	18.2	13	1:23:08	6	0:47	22	41:36	9:15	16	2:05:30		
17	154 Elizabeth Shull	47	F	Kansas City	MO	19	21:39	21	2:06	26	1:00:48	17.8	15	1:24:32	23	1:05	20	41:10	9:09	17	2:06:47		
18	150 Linda Gordon	44	F	Overland Park	KS	8	18:44	14	1:53	10	58:11	18.6	6	1:18:47	27	1:10	50	47:28	10:33	18	2:07:23		
19	382 Debbie Niemann	36	F	Leawood	KS	35	23:30	36	2:34	36	1:04:03	16.9	34	1:30:06	1	0:32	10	37:00	8:14	19	2:07:36		
20	148 Rhonda Stephens	42	F	Olathe	KS	14	21:15	17	1:55	22	59:45	18.1	12	1:22:54	28	1:10	31	43:44	9:43	20	2:07:46		
21	367 Sharon Ryan	31	F	Overland Park	KS	30	23:10	2	1:24	28	1:02:12	17.4	23	1:26:44	22	1:04	18	40:47	9:04	21	2:08:33		
22	364 Marty Brown	30	F	Lansing	KS	41	24:07	65	3:52	34	1:03:45	16.9	40	1:31:44	14	0:57	7	35:55	7:59	22	2:08:35		
23	391 Ashley Zinkus	37	F	Leawood	KS	23	22:07	40	2:37	30	1:02:45	17.2	25	1:27:29	38	1:24	16	40:28	9:00	23	2:09:19		
24	374 Ana Nixon	34	F	Grandview	MO	6	17:33	20	2:06	47	1:08:06	15.9	28	1:27:44	3	0:38	23	41:39	9:16	24	2:10:00		
25	355 Caitlin Smith	26	F	Mission	KS	20	21:49	66	4:10	23	1:00:14	17.9	20	1:26:11	53	1:44	27	42:21	9:25	25	2:10:15		
26	368 Angela Burke	33	F	Shawnee	KS	51	26:22	61	3:34	7	57:37	18.7	27	1:27:33	51	1:40	25	42:03	9:21	26	2:11:14		
27	152 Heidi Coble	46	F	Wichita	KS	45	24:38	9	1:48	12	58:22	18.5	16	1:24:47	50	1:36	38	45:04	10:01	27	2:11:26		
28	394 Adrienne Garstang	38	F	Kansas City	MO	60	26:49	7	1:42	20	59:34	18.1	30	1:28:04	17	1:00	29	42:32	9:28	28	2:11:36		
29	349 Laura Webb	24	F	Lawrence	KS	10	20:06	31	2:23	29	1:02:23	17.3	18	1:24:51	4	0:39	46	46:39	10:22	29	2:12:08		
30	164 Kristine Herron	54	F	Overland Park	KS	38	23:52	27	2:18	24	1:00:33	17.8	22	1:26:42	42	1:26	34	44:06	9:48	30	2:12:13		
31	163 Laurie Somers	52	F	Leawood	KS	21	21:53	34	2:30	33	1:03:23	17.0	29	1:27:45	57	1:57	30	42:58	9:33	31	2:12:38		
32	142 Melissa Dorris	40	F	Blue Springs	MO	48	24:51	32	2:24	19	59:26	18.2	21	1:26:40	41	1:26	41	45:27	10:06	32	2:13:32		
33	346 Shanna Doering	23	F	Kansas City	KS	12	20:33	48	2:51	42	1:06:00	16.4	33	1:29:22	2	0:37	32	43:48	9:44	33	2:13:46		
34	157 Colleen Vannicola	50	F	Shawnee	KS	54	26:34	8	1:46	16	58:54	18.3	24	1:27:13	19	1:03	49	47:22	10:32	34	2:15:37		
35	401 Jen Katheiser	38	F			55	26:35	59	3:31	27	1:01:58	17.4	42	1:32:04	66	2:31	21	41:21	9:12	35	2:15:55		
36	384 Andrea Vance	36	F	Olathe	KS	46	24:39	47	2:51	31	1:03:07	17.1	36	1:30:36	32	1:16	35	44:17	9:51	36	2:16:08		
37	361 Miranda Spini	28	F	Kansas City	MO	33	23:21	29	2:21	32	1:03:21	17.0	32	1:29:02	33	1:17	44	45:59	10:13	37	2:16:17		
38	347 Monica Reynolds	23	F	Overland Park	KS	7	17:57	53	3:04	50	1:09:06	15.6	35	1:30:06	5	0:42	43	45:40	10:09	38	2:16:26		
39	366 Tara Scroggin	30	F	Lenexa	KS	13	20:47	16	1:54	53	1:10:04	15.4	45	1:32:43	55	1:46	28	42:31	9:27	39	2:16:59		
40	383 Myra Valdez	36	F	Shawnee	KS	15	21:26	44	2:47	59	1:13:26	14.7	50	1:37:38	8	0:51	15	39:34	8:48	40	2:18:01		
41	386 Jill Taylor	39	F	Lenexa	KS	71	35:59	50	2:56	6	56:25	19.1	46	1:35:19	37	1:22	24	41:47	9:18	41	2:18:28		
42	144 Angela Schoonover	40	F	Lenexa	KS	18	21:37	13	1:51	35	1:04:02	16.9	26	1:27:29	9	0:51	56	50:09	11:09	42	2:18:29		
43	385 Tricia Vogel	36	F	Overland Park	KS	40	24:02	42	2:46	41	1:05:38	16.5	43	1:32:26	46	1:30	36	44:42	9:56	43	2:18:36		
44	378 Jamie Borgman	36	F	Lenexa	KS	31	23:16	43	2:47	38	1:04:47	16.7	37	1:30:49	54	1:44	45	46:26	10:19	44	2:18:57		
45	390 Caillie Stewart	37	F	Saint Joseph	MO	42	24:12	30	2:22	43	1:06:00	16.4	44	1:32:33	40	1:25	47	46:40	10:23	45	2:20:38		
46	365 Christina Coulson	30	F	Leavenworth	KS	66	29:26	60	3:33	39	1:05:06	16.6	51	1:38:05	49	1:36	19	41:10	9:09	46	2:20:49		
47	348 Amber Bortz	24	F	Kansas City	KS	52	26:29	51	2:56	46	1:07:45	15.9	49	1:37:10	35	1:20	33	43:55	9:46	47	2:22:23		
48	392 Kathy Denton	38	F	O Fallon	IL	39	23:55	54	3:15	37	1:04:35	16.7	41	1:31:44	67	2:40	52	49:07	10:55	48	2:23:30		
49	156 Laura Dellutril@aol.	50	F	Overland Park	KS	57	26:44	23	2:14	17	59:22	18.2	31	1:28:19	48	1:34	63	53:51	11:58	49	2:23:43		



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50	398	Erin Burvee	39	F	Overland Park	KS	61	26:50	49	2:52	48	1:08:27	15.8	52	1:38:08	56	1:50	37	44:44	9:57	50	2:24:41
51	166	Nancy Mueller	60	F	Kansas City	MO	58	26:46	38	2:34	49	1:09:05	15.6	54	1:38:24	24	1:08	39	45:18	10:04	51	2:24:49
52	350	Emily Petersen	25	F	Overland Park	KS	34	23:27	41	2:41	54	1:10:28	15.3	48	1:36:35	36	1:22	48	47:11	10:30	52	2:25:08
53	356	Cherylynn Brownback	27	F	Prairie Village	KS	44	24:17	52	2:59	56	1:11:27	15.1	55	1:38:42	31	1:14	40	45:22	10:05	53	2:25:18
54	369	Maggie Kroemer	28	F	Mission	KS	4	16:52	26	2:17	65	1:17:11	14.0	47	1:36:19	52	1:43	58	50:43	11:17	54	2:28:44
55	167	Leslie Eden	61	F	Kansas City	MO	28	22:46	28	2:20	44	1:06:25	16.3	39	1:31:30	47	1:30	64	56:20	12:31	55	2:29:19
56	341	Kenna Chapman	19	F	Leawood	KS	17	21:35	55	3:16	60	1:14:49	14.4	58	1:39:38	12	0:56	51	48:51	10:52	56	2:29:24
57	147	Rachel Meiring	42	F	Leawood	KS	53	26:33	19	2:05	51	1:09:41	15.5	53	1:38:17	61	2:02	53	49:09	10:56	57	2:29:27
58	143	Wendy O'Connor	40	F	Lenexa	KS	56	26:40	33	2:27	52	1:09:48	15.5	56	1:38:54	64	2:14	57	50:35	11:15	58	2:31:43
59	351	Allison Cannon	26	F	Prairie Village	KS	26	22:17	69	4:44	66	1:18:18	13.8	62	1:45:18	44	1:27	55	49:32	11:01	59	2:36:16
60	357	Sunita Gupta	27	F	Olathe	KS	50	26:13	63	3:47	69	1:19:54	13.5	68	1:49:53	58	2:01	42	45:29	10:07	60	2:37:23
61	372	Rachel Bonnema	34	F	Omaha	NE	65	28:46	62	3:40	57	1:11:27	15.1	59	1:43:52	65	2:15	62	53:23	11:52	61	2:39:28
62	370	Janine McClintock	33	F	Council Bluffs	IA	63	27:19	70	5:06	45	1:07:01	16.1	57	1:39:25	71	6:42	61	53:22	11:52	62	2:39:28
63	359	Erin Lundergan	28	F	Kansas City	MO	67	31:30	68	4:36	58	1:11:29	15.1	66	1:47:34	69	3:20	54	49:31	11:01	63	2:40:23
64	158	Teri Lavenbarg	51	F	Liberty	MO	68	31:49	35	2:33	55	1:11:12	15.2	63	1:45:33	63	2:11	60	52:48	11:44	64	2:40:31
65	162	Stephanie Sedivy	52	F	Leawood	KS	49	25:54	64	3:51	61	1:15:19	14.3	61	1:45:03	30	1:11	65	56:40	12:36	65	2:42:53
66	396	Julie Sluyter	38	F	Olathe	KS	32	23:21	37	2:34	68	1:19:06	13.7	60	1:45:00	20	1:03	66	62:25	13:53	66	2:48:27
67	160	Donna Deeds	52	F	Stilwell	KS	62	26:53	46	2:49	63	1:16:51	14.1	64	1:46:32	59	2:01	67	62:53	13:59	67	2:51:25
68	352	Erin Carter	26	F	Lee's Summit	MO	64	28:27	57	3:23	62	1:15:23	14.3	65	1:47:12	62	2:05	68	63:59	14:13	68	2:53:14
69	387	Misty Bechtel	37	F	Lenexa	KS	70	34:21	71	6:50	70	1:20:57	13.3	70	2:02:06	70	3:20	59	51:18	11:24	69	2:56:43
70	371	Megan Read	33	F	Kansas City	MO	69	31:51	67	4:13	64	1:17:04	14.0	69	1:53:08	68	3:18	69	64:33	14:21	70	3:00:58
71	380	Cheri Hobbs	36	F	Pleasant Hill	MO	59	26:46	56	3:18	67	1:18:53	13.7	67	1:48:57	60	2:02	71	74:16	16:31	71	3:05:13
72	395	Danielle Holmes	38	F	St. Joseph	MO	43	24:13	58	3:23	71	1:35:44	11.3	71	2:03:19	29	1:10	70	70:38	15:42	72	3:15:06

results by Mtec Results

results posted on: [www.mtecreresults.com](http://www.mtecreresults.com)