



JOHNSON COUNTY
PARK & RECREATION
DISTRICT

JOHNSON COUNTY YOUTH SOCCER

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JCPRD YOUTH SOCCER TERMS

OFFENSE: the team in possession of the ball at the time.

DEFENSE: the team opposite the offense.

OWN HALF: the half of the field which a team defends; containing their goal.

GOALSIDE: between the ball or an opponent and the goal.

MARK: a term meaning “guard” an opponent when on defense.

OFF BALL: when your teammate is in possession of the ball. (You are off the ball).

COVER: a defensive term meaning to back up your teammate who is putting pressure on the man with the ball.

SUPPORT: an offensive term: meaning to be in a position for your teammate who has the ball to make an easy pass.

STRONG SIDE: the side where the ball is at the time.

WEAK SIDE: the side away from the ball.

TACKLE: to take the ball away from an opponent.

PARTS OF THE FOOT: Instep - the top of the foot: shoelaces.
Inside of foot - the wide part just below the ankle.
Inside of instep - as it implies, the inside of the instep.

FAR POST: the goalpost farthest from the ball.

NEAR POST: the goalpost closest to the ball.

DUTIES OF TEAM MOM/DAD

Assist Coach in making sure every player on team has a schedule.

Assist Coach with any phone calls to players.

Delegate Drinks or oranges / snacks with parents (No glass bottles).

Assist with handing out picture packets if needed.

SMILE : It's really easy. All you have to do is be friendly. That's what all the parents are waiting for and it will be the magnet that will bring the team together initially.

Refreshments will also be available for purchase at the Coaches Shed.